

Revolution Foods Feeding Good™ Drives Positive Academic Outcomes



Nutrition Policy Institute

In July 2016, the Nutrition Policy Institute (NPI) released an analysis ¹ of school meal vendors titled *School Vending Menu Analysis: Methods, Assumptions, and Results*. **The primary purpose of this research was to provide menu scores to differentiate the nutritional quality of menus from a variety of school food vendors.** To accomplish this task, the NPI conducted a state of the art menu analysis method to assign a Healthy Eating Index (HEI) score for each vendor.



UC Berkeley

In February 2017, the University of California at Berkeley used this data in their study² titled *School Lunch Quality and Academic Performance*, correlating the menu analysis to student test scores in the schools and found them to be positively linked. **This confirms healthy school meals not only drive positive academic outcomes for our students, but are also one of the least expensive intervention methods to set our youth up for success.**

"After tabulating the average price per meal in the vendor contracts—and estimating the cost of in-house school meals based on National School Lunch Program reimbursements—the study found that it cost about \$222 per student per year to switch from in-house school-lunch preparation to a healthier lunch vendor that correlated with a rise of 0.1 standard deviations in the student's test score. **To put that statistic into perspective, healthier meals could raise student achievement by about 4 percentile points on average.**"

- Michael L. Anderson, Associate Professor of Economics, UC Berkeley

Looking at the data and the landscape of healthy school meal providers assessed, **Revolution Foods meals ranked #1 on all scoring measures for "healthiness" vs other companies.** We are fully committed to our promise of Feeding Good, deeply proud of our impact so far, and grateful for the unsolicited validation of our approach.

Other vendors studied and compared to Revolution Foods include:

Aramark, Compass, Preferred Meals, Sodexo, Bellflower, Blue Lake, Choice Lunch, CSU Chico, Fieldbrook, Good Earth, Kid Chow, Preferred Choice, Royal Dining, Santa Clarita, School Nutrition Plus, and Southwest Foodservice Excellence.

¹ Nutrition Policy Institute. *School Vending Menu Analysis*. July 2016. <http://faculty.weatherhead.case.edu/jpg75/pdfs/Nutrition-Policy-Institute-July-2016.pdf>

² UC Berkeley. *School Lunch Quality and Academic Performance*. February 2017. https://are.berkeley.edu/~mlanderson/pdf/school_lunch.pdf